



# THE ERGO SERIES

BY LOGITECH



# The Ergo Series by Logitech

## Did you know?

In just one year, the average computer user will make **0.5 million mouse clicks, 1 million keystrokes**, and move the mouse around **6 miles**.\*

In an era dominated by digital screens and a growing trend of remote work, our daily lives have become intertwined with technology. A significant portion of our waking hours is spent hunched over laptops, leading to a surge in physical discomfort, particularly in the lower back, shoulders, and wrists. Recognizing this challenge, Logitech introduces the **Ergo Series** — an innovative line of ergonomic computer accessories meticulously designed to bring well-being into the workspace.

\* Source: Wellnomics Computer Use Report 2019

\*\* Source: Herman Miller WFH Survey

**60%**

of people who WFH experience physical discomfort throughout the day\*\*

**55%**

lower back


**49%**

shoulder

**21%**

wrist

Because **when people feel better, they do better** – at work and beyond



# Logitech Ergo Lab

## A human-centric and science-driven approach

In the Logi Ergo Lab, situated at Logitech's headquarters in Switzerland, our team of Human Factors experts collaborates closely with industrial designers to create solutions that promote a more natural posture and minimize muscle activity.

From the initial prototypes, they conduct multiple rounds of iterative testing throughout the product development phase to enhance the ergonomic benefits and strike the perfect balance between comfort and user-friendly design.

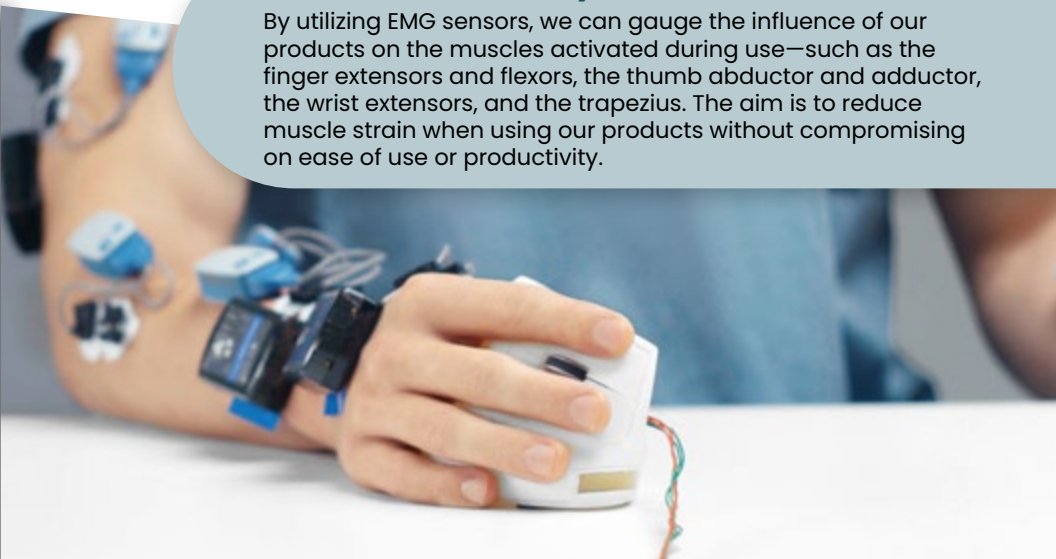
## OBJECTIVES

### A more natural posture

Cutting-edge IMU sensors measure the position of the upper body in space, enabling us to assess the impact of our product design on upper body posture. Our goal is to achieve a more neutral hand, wrist, and forearm position when using our devices. This involves minimizing wrist deviation, wrist extension, and forearm pronation.

### Less muscle activity

By utilizing EMG sensors, we can gauge the influence of our products on the muscles activated during use—such as the finger extensors and flexors, the thumb abductor and adductor, the wrist extensors, and the trapezius. The aim is to reduce muscle strain when using our products without compromising on ease of use or productivity.



# 3rd Party Certified

The Ergo Series mice and keyboards undergo testing and certification by **United States Ergonomics**, which includes Certified Professional Ergonomists (CPE) and Health & Safety specialists.

Before delivering their certification, US Ergonomics conducts a thorough lab test, measuring the ergonomic benefits concerning posture, muscle activity, pressure, and product performance. In addition, they conduct field studies with participants providing feedback over several weeks. This process aids us in comprehending the long-term ease of use and perceived comfort of our products.



**Approved by experts.  
Certified by United States Ergonomics.**

# Vertical Mice



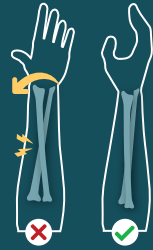
By positioning the hand at 57°, our vertical mice **alleviate contact pressure on the wrist**, and **place the radius and ulna in a more natural alignment, reducing pressure on the surrounding soft tissues** that can occur when the bones twist into a palm-down position.

## The **Lift Vertical Ergonomic Mouse**

is great for small to medium-sized hands, with a left-hand option available. The **MX Vertical** is an ideal fit for medium to large-sized hands. Both vertical mice are easy to adopt and intuitive to use.

### Best For:

- > Reduced pronation
- > Improved hand/wrist/forearm posture
- > Less wrist pressure



LEFT-HANDED

## MX Vertical Ergonomic Mouse



RIGHT-HANDED

## Lift Vertical Ergonomic Mouse

# Ergonomic Trackballs

The MX Ergo trackball mouse **reduces muscle activity by up to 20%** compared to traditional mice. With no need to move the arm around to navigate the cursor, the hand and forearm can remain relaxed, preventing unnecessary muscle strain. The 20-degree tilt angle of the MX Ergo trackball positions the hand and wrist more naturally.

The **MX Ergo Advanced Trackball** is designed to accommodate a wide range of hand sizes. For a better fit for small to medium-sized hands, the **ERGO M575** trackball can be a suitable option.

## Best For:

- > Less muscle strain in hand / forearm
- > Less pronation (at the 20° angle)
- > More relaxed upper body posture



**MX Ergo**  
Advanced Trackball Mouse  
with a 20-degree tilt angle

**ERGO M575**  
Trackball Mouse



FRONT VIEW



TOP VIEW

## ERGO K860

### ergonomic split keyboard

- 54% more wrist support\*
- 25% less wrist bending\*
- 21% less muscle activity in the trapezius muscle



## Wave Keys

### ergonomic keyboard

- 57% more wrist support\*
- 100% users were typing efficiently from day 1\*\*

# Ergonomic Keyboards

### Best For:

- > More wrist support
- > Relaxed, natural typing posture



Logitech's ergonomic keyboards showcase an integrated cushioned palm rest with memory foam, that alleviates wrist pressure and provides **enhanced wrist support** throughout the day.

The **Ergo K860 ergonomic keyboard** features a split keyframe and sloping design, encouraging a more natural forearm posture and reducing wrist deviation.

The **Wave Keys ergonomic keyboard**, with its wave keyframe design, positions the hands, wrists, and forearms in a natural typing stance while maintaining a familiar typing experience—no need to relearn how to type.

\* Compared to a traditional Logitech keyboard without palm rest

\*\* Source: Study commissioned by Logitech on 50 participants in the USA (May 2023/July 2023).

# The Ergo Series by Logitech

ERGO K860



WAVE KEYS



LIFT



MX VERTICAL



MX ERGO



**Not one size fits all:**  
Logitech offers diverse solutions tailored to different user types, hand sizes, and needs.

ERGO M575



**SCAN HERE**

to learn more  
about our

**Ergo Affiliate  
Program**, and  
the **Ergo Series**.

## Share our Passion?

Help us spread the word and  
become an ergo advocate